



Out of the Woods

Happy Humans, Healthy Planet

Price List

COACHING: RAPID RESULTS

FROM £180

This option is great for people who want to integrate sustainability into their day job, to move into the sustainability industry, or to start looking into non-executive director roles and includes;

- Pre-work Questionnaire & consultation
- 2x Video Consultations + 4x Weekly Check-Ins
- A Clear Plan of Action to Achieve Your Next Career Move

COACHING: START UP KICKSTARTER

FROM £450

Choose this option if you have wanted to start your own thing - a side hustle, an extra source of income or to build a business so awesome you can quit your day job. This is great for people feeling paralysed by overwhelm, have tried to launch, or simply need help fleshing out their business idea.

- Pre-work Questionnaire & consultation
- 5x Video Consultations + 8 Weekly Check-Ins
- Bespoke Launch Strategy + Task-Based Action Plan



CONSULTING: Rapid Results

FROM £399

- A 90-min Video Consultation
- High-Level Review of your business model and strategy, including ideas on how and where to integrate sustainability.
- A Plan with follow-up actions to be a more sustainable business
- Demystify Sustainability & Confidence to Be a Change-Maker

CONSULTING: Sustainability Strategy

FROM £500

- Review of business model, value chain & products and services
- Risks & opportunity audit
- Trend analysis, peer review, consumer sentiment & awards
- Integrate purpose & sustainability into your mission, vision, goals
- Stakeholder analysis & strategic recommendations

CONSULTING: Sustainability Messaging

FROM £2.5K

- Messaging matrix filled with credible stories & messages
- Whole business review to source sustainability stories
- Communications plan aligned to your existing PR and marketing campaigns
- Content calendar to utilise the best key dates for your content
- Channel strategy to make sure you are on the right platforms



CONSULTING: Social Purpose

FROM £5K

- Audience discovery to understand their passions and aspirations
- Brand analysis to amplify why your business exist
- Cultural breakdown of people and planet trends applicable to you
- Identifications of key partnerships, initiatives & messaging
- Find the thread that brings your social impact to life

CONSULTING: Digital Channel Review

FROM £5K

- Comprehensive review of your digital channels for quick wins, opportunities and ideas to improve your communications
- Review of your website with recommendations for improvement, which may include a draft site map, wireframes for pages, or content ideas
- Bespoke content calendar with 20-30 specific sustainability content to be scheduled throughout the year

[Contact Me](#)

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